

Kumon of Park Ridge

401 Devon Avenue
Park Ridge, IL 60068
Phone (847) 939-5090

Center Hours

Tuesdays	3:30 – 7:30 pm
Thursdays	3:30 – 7:30 pm
Saturdays	9:30 – 11:30 am

Kumon of Niles

860 Civic Center Drive
Niles, IL 60714
Phone (847) 324-5120

Center Hours

Mondays	3:30 – 7:30 pm
Wednesdays	3:30 – 7:30 pm
Saturdays	12:30 – 2:30 pm

Visit Us Online

kumonofparkridge.com
kumonofniles.com



With a Little Motivation, Teens Can Succeed in School and Beyond

Parents can help keep their teens motivated in school—even if it seems apathy has replaced the desire to learn.

Although some teens remain enthusiastic about learning, many expect their teachers and instructors to inspire, challenge and stimulate them. Indeed, two important factors that affect a student's motivation to work and learn are the need for a student to be interested in the subject matter, and the ability of a student to perceive the usefulness of the subject. A student's personality, patience and persistence also play a part.

Experts say the first step is to recognize the individual needs of each teen. For example, students who are hungry or overtired are not going to be able to learn. Auditory learners need directions and assignments verbally explained to them. Those who are disorganized require assistance with organizational skills.

So, how can you motivate teens? Try these tips from the Kumon Math and Reading Center of Niles and Park Ridge:

- Create high but realistic expectations of teens; they need to know that the goal is challenging but attainable.
- Treat teens as winners and give them respect; they will rise to the level of your expectations and give you their best efforts.
- Emphasize mastery of each step, rather than focusing on the end product.
- Train students to concentrate on what they need to do, one step at a time, so that they will not become paralyzed by fear of failure due to the enormity of the task.
- Help them learn from mistakes, especially in math, by retracing their steps to find their errors.
- Help students preserve self-worth by teaching them that failure results from insufficient effort, lack of information or poor instruction—not from their lack of ability.
- Focus on students' assets and strengths rather than weaknesses, thus building their self-esteem.
- Remember that bad habits can be changed and good habits, including study skills, can make a student successful.

By caring for teenagers and investing in their future, unmotivated teens can be transformed into motivated students.

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THANK YOU FOR YOUR CONTINUED SUPPORT OF THE KUMON